

Instructions

for BPC-157

PULL

Using the large syringe from your administration kit, pull air into the syringe first to about 0.50 mL (50cc), then plunge syringe all the way back into vial. Then pull out 10mL Low Soluable Saline Solution to fill the syringe. It may take a few repetitions to load your syringe with the full 10mL with no air pockets.

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INJECT

Once you've loaded your syringe, inject the Low Soluable Saline into your BPC-157 vial. Turn the BPC-157 vial on its side to not damage the bonds of the product. **Do not shake.** Allow the solution to sit for at least five minutes before dosing.

DOSE

Clean both your injection area and the product top before dosing. Pull 0.25mL (25cc) of the BPC-157 and Saline mixture into the small syringe from your kit. Inject subcutaneously into abdomen (at least 3 inches from belly button) or thigh once in the AM and once in the PM. Repeat dose 5 days per week for 8 weeks.

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