

# Instructions

for Tirzepatide 10mg Phase One

## PULL

Using the large syringe from your administration kit, pull air into the syringe first to about 0.50 mL (50cc), then plunge syringe all the way back into vial. Then pull out 5mL Low Soluable Saline Solution to fill the syringe. It may take a few repetitions to load your syringe with the full 5mL with no air pockets.

# 1

# 2

## INJECT

Once you've loaded your syringe, inject the Low Soluable Saline into your Tirzepatide vial. Turn the Tirzepatide vial on its side to not damage the bonds of the product. **Do not shake.** Allow the solution to sit for at least five minutes before dosing.

## DOSE

Clean both your injection area and the product top before dosing. Pull 0.50mL (50cc) of the Tirzepatide and Saline mixture into the small syringe from your kit. Inject subcutaneously into abdomen (at least 3 inches from belly button) or thigh once per week. Repeat dose for four weeks. On week, increase dose to 0.75mL once a week for two weeks.

# 3

