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# Weight & Metabolism

Boost metabolism and energy levels to support maintaining a healthy weight

## Tirzepatide



## Mechanism of Action

### Dual Mechanism of Action:

- GLP-1 Receptor Activation: Enhances insulin secretion, suppresses glucagon release, slows gastric emptying, and promotes satiety.
- GIP Receptor Activation: Further amplifies insulin response and may improve lipid metabolism.

### Therapeutic Benefits:

- Effective in reducing blood glucose levels.
- Promotes significant weight loss by suppressing appetite and enhancing energy expenditure.

## About

Tirzepatide is a next-generation peptide that enhances weight loss, improves blood sugar control, and supports metabolic health by activating dual pathways that regulate appetite and insulin sensitivity.

## Benefits

- Improves insulin sensitivity
- Enhances weight loss
- Reduces blood sugar levels
- Anti inflammatory
- Increases metabolic rate

## Dosing

- Pull 1 mL (100cc) dose into a syringe and administer, subcutaneous injection once a week for 4 weeks until desired weight is achieved
- Use 30 mg Phase 4 vial

## Duration

6 months

## What's Included

- (4) 27-30G subq needles
- (1) 5 or 10 mL syringe
- (1) 25G needle with syringe
- (1) 10mL Saline





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# Instructions

Heal your gut for a lasting impact on overall health

## Tirzepatide Reconstitution Phase 3



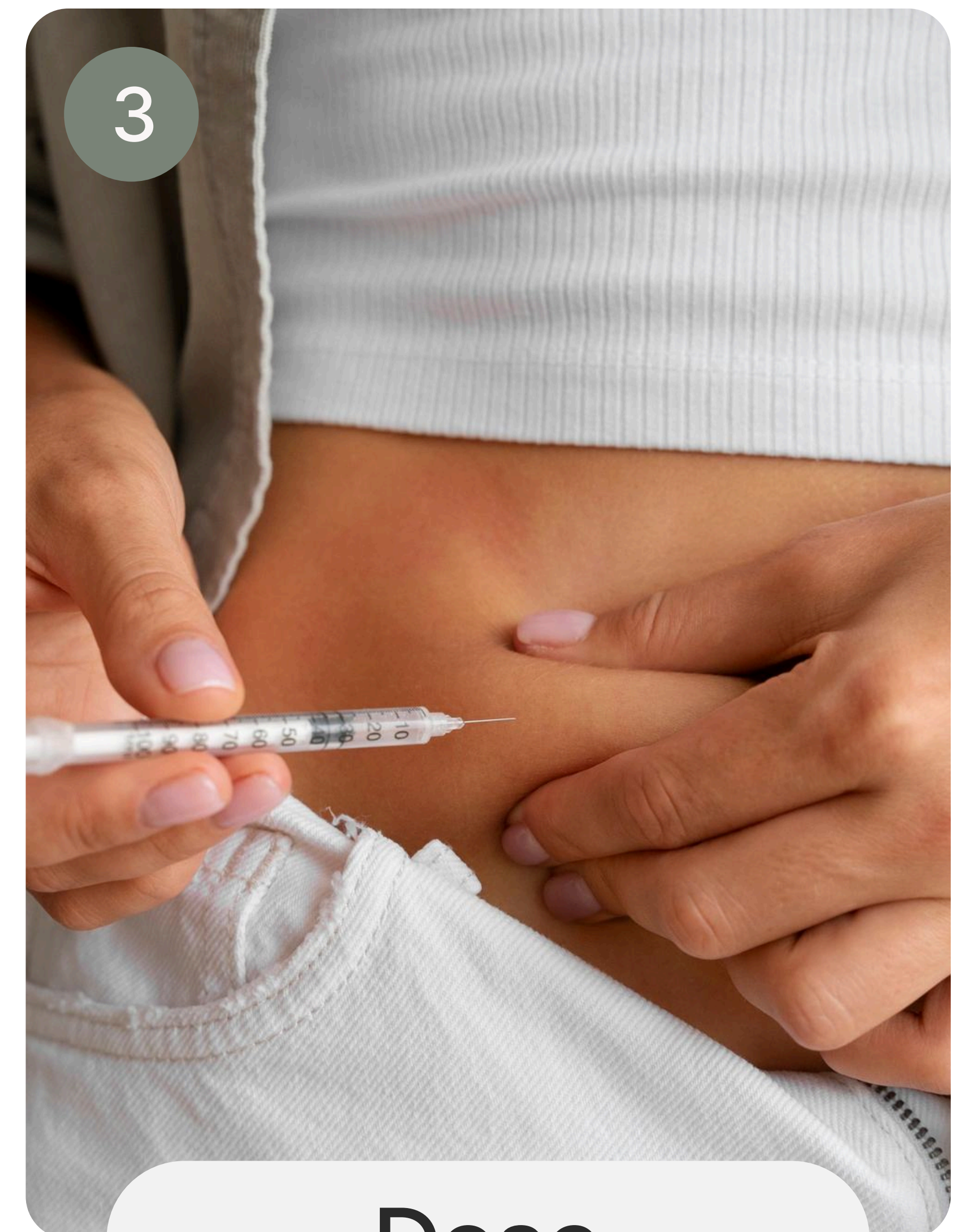
Pull

Using the large syringe from your administration kit, pull air into the syringe first to about 0.50mL (50cc), then plunge syringe all the way back into vial. Then pull out 5mL Low Soluble Saline Solution to fill the syringe. It may take a few repetitions to load your syringe with the full 5mL with no air pockets.



Inject

Once you've loaded your syringe, inject the Low Soluble Saline into your Tirzepatide vial on its side to not damage the bonds of the product. **Do not shake.** Allow the solution to sit for at least 5 minutes before dosing.



Dose

**Clean both your injection area and the product top before dosing.** Pull 1mL (100cc) of the Tirzepatide and Saline mixture into the small syringe from your kit. Inject subcutaneously into abdomen (at least 3 inches from belly button) or thigh once per week. Repeat dose for 4 weeks, or until goal weight is achieved.

