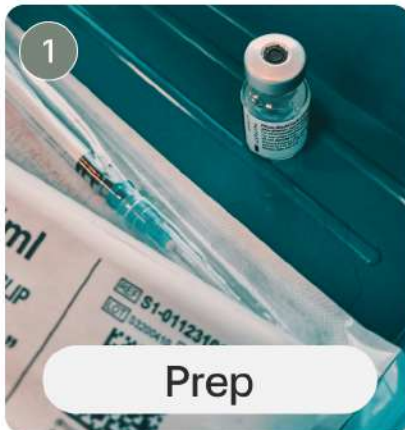


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# Instructions

Simple, Safe, and Precise:  
Your Guide to Reconstitution.

## Klotho\_FG w/ Exosomes Reconstitution



**STEP 1:** Remove plastic cover, clean product tops with alcohol pad for 15 seconds.

**STEP 2:** Using the large syringe from your administration kit pull out 10mL of Exosome Solution to fill the syringe.

- It may take a few repetitions to load your syringe with the full 10mL with no air pockets.

**STEP 3:** Once you've loaded your syringe, inject the 10mL of the Exosome Solution into your Klotho\_FG vial:

- Turn Klotho vial on its side to not damage the bonds of the product.
- Do not shake.
- Allow the solution to sit for at least 5 minutes before dosing.

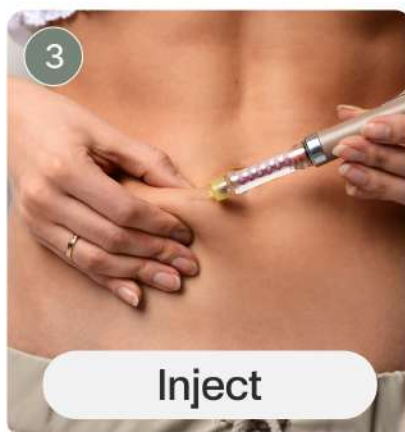
**\*Supplies:** 10 mL syringe (large), 25G needle, Exosome Solution, Klotho\_FG vial, Alcohol pad



**STEP 1:** Dose: 0.50mg Klotho / 0.025mg Exosomes each injection

**STEP 2:** With the smaller needle pull 0.50mL of the Klotho\_FG and Exosome mixture into the small syringe from your kit.

**\*Supplies:** 27G subq syringe w/ needle (small), Alcohol pad



**STEP 1:** Clean your injection area with an alcohol pad.

**STEP 2:** Inject intramuscularly into the arm or thigh (See next page).

- Repeat 3 times per week (M,W,F)
- 3 months on, 30 day break, 3 months on, 30 day break, 6 months on
- Each vial contains a 6 week supply
- \*Can be administered subcutaneously if experiencing redness, itching or swelling at the injection site.\*



# Injection Steps



## Subcutaneous Injection steps:

### STEP 1: Choose & Clean the Injection Site

- Use the abdomen (3 inches from the belly button), thigh, or upper arm. Rotate sites to prevent irritation. Clean the area with an alcohol swab and let it dry.

### STEP 2: Inject the Medication

- Pinch 1–2 inches of skin, insert the needle at a 45° or 90° angle, and slowly push the plunger down.

### STEP 3: Remove the Needle & Dispose

- Pull the needle out at the same angle, apply light pressure with gauze (don't rub), and dispose of the syringe in a sharps container.

### STEP 4: Monitor for Reactions

- Mild redness or soreness is normal. Seek medical help if you experience severe pain, swelling, or an allergic reaction.

## Intramuscular Injection steps:

### STEP 1: Choose & Clean the Injection Site – Use the thigh (vastus lateralis), upper arm (deltoid), or glute (ventrogluteal or dorsogluteal muscle).

- Rotate sites to prevent soreness. Clean the area with an alcohol swab and let it dry.

### STEP 2: Inject the Medication

- Stretch the skin taut, hold the syringe like a dart at a 90° angle, and insert the needle quickly and smoothly. Slowly push the plunger down to inject the medication.

### STEP 3: Remove the Needle & Dispose

- Pull the needle straight out, apply light pressure with gauze (don't rub), and dispose of the syringe in a sharps container.

### STEP 4: Monitor for Reactions

- Mild soreness or redness is normal. Seek medical help if you experience severe pain, swelling, or an allergic reaction.

